

# The Mind Body Lab Seminar 2022 in Oslo



## 08.30 REGISTRATION

09.00-09.05 **Welcome by Silje Reme and Henrik B. Jacobsen**

### Part 1: Sick

09.05-09.15 **Md. Prof emerit. Paul Garner** (Symptoms post Covid-19)  
09.20-09.30 **Psych. Prof. Mats Lekander** (Acute fase, illness behaviour)  
09.35-09.45 **Md. Prof. Vegard Bruun Wyller** (Predictors)  
09.50-10.00 **Md. Prof. emerit. Per Brodal** (Sickness behaviour circuitry)  
10.00-10.30 DISCUSSION WITH THE AUDIENCE  
10.30-10.50 Coffee Break

### Part 2: Diagnosis

10.50-11.00 **Md. Georg Espolin Johnsen** (A historical perspective on diagnosis)  
11.05-11.15 **Md. Prof. Christian Ruck** (Validity of diagnoses and appraisal of symptoms)  
11.20-11.30 **Md. PhD. Tarjei Asprusten** (Diagnostic criteria; disease vs symptoms)  
11.35-11.45 **Md. Prof. Signe Flottorp** (Prevalence and prognoses)  
11.50-12.20 DISCUSSION WITH THE AUDIENCE)  
STARTING MENTI  
12.20-13.10 Lunch break

### Part 3: Treatment

13.10-13.20 **Md. Prof. Michael Sharpe** (Why people find it difficult to accept psychological cause and treatment)  
13.25-13.35 **Psych. Prof. Trudie Chalder** (About mechanisms)  
13.40-13.45 **Md. Prof. Per Fink** (How we treat the patients)  
13.50-13.55 **MD. Prof. Hans Knoop** (Results from RCT's)  
13.55-14.25 DISCUSSION WITH THE AUDIENCE  
14.25-14.45 Coffee Break

### Part 4: Recovery

14.45-14.55 **Md Prof. Helena Liira** (Treatment study)  
15.00-15.10 **Md. Phd stud. Anne Karen Bakken** (Changed illness narrative)  
15.15-15.20 **Prof. Per Vandvik** (Guidelines as a tool)  
15.25-15.35 **Md. Post doc. Henrik Vogt**, (Patient power, changing the public narrative, ethics and public health)  
15.35-15.50 MENTI-survey  
  
15.50-16.00 **Round up** Silje and Henrik + Music